

Contemplations & Explorations:



How might we bring our faith practices out into the world; to our Meetings?

What does it mean to go deeper; and how do we support one another doing this work, starting with where we are?

Fall Retreat Costs*

(per person)

- \$130 -Double Room & meals
- \$170 - Single Room & meals

No one turned away for financial barriers



MARTY GRUNDY Retreat facilitator



She was born into a Quaker family going back to the 1650s. Over the years, she has studied the writings of early Friends as well as more recent ones and has written for both scholarly and religious publications. Marty was Clerk of the committee shepherding the beginning of the FGC Travelling Ministries Program and is a member of Wellesley Meeting, New England Yearly Meeting. She is married to Ken Grundy, and they have three grown children and a pair of 21-year-old grandtwins.

For those interested, book by Marty Grundy:
[A Call to Friends: faithful living in desperate times](#)

For more information:

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SPIRITUAL FORMATION PROGRAM

2023-2024



LAKE ERIE YEARLY MEETING

LETTING OUR LIVES SPEAK

USING WORDS WHEN NECESSARY

What do these clichés mean when viewed through a Quaker lens? Come explore experiences of the Divine, and the intentionality and spiritual practices that make these experiences more likely. Learn how these experiences undergird our lifestyle that is our testimony to the world, as individuals and as a faith community. Practice articulating what we—as individuals and as a meeting—are demonstrating to a lonely, fearful world. There will be opportunities for dyads, triads, and breakout groups as well as journaling, free time, good food, and fellowship...



WHY JOIN

- Creating time to focus and consider our spiritual condition; broadening the ways we can experience spiritual life individually and collectively
- Reading books together we wouldn't otherwise read
- Connecting with people who want to do the same thing, and are asking similar questions
- Getting to know Quakers beyond our own Monthly Meetings
- Building accountability to do our spiritual work daily
- Learning about spirituality through a Quaker lens

WHAT

Spiritual Formation Program is an opportunity to come together with others who are interested in examining and better understanding our Quaker spirituality and developing a deeper connection with the Divine.

The program includes:

- * Beginning with an in-person retreat to develop tools and focus our intentions
- * Mid-year check-in via Zoom
- * May retreat to wrap up
- * Group formation –Throughout the year Friends meet regularly with their groups to learn, share, practice and support one another in their spiritual development

WHERE & WHEN

- Kick-off retreat on **SEPTEMBER 8-10, 2023**
- Weber Center in Adrian, Michigan;
www.webercenter.org
- Come explore together what it means to listen, to be faithful, to have trust, to follow our guide
- Have time to learn, reflect, and share together; and then go forth and practice unfolding in our groups