

### Tim White, Advocacy Manager Hallie Carrino, Grassroots Government Relations Specialist

#### Mid-Ohio Food Collective







# WHAT A CHARITABLE ORGANIZATION CAN DO

https://www.bolderadvocacy.org/2014/04/08/ yes-nonprofits-you-can-lobby/:

- 1. Contrary to popular belief, charitable organizations are allowed to advocate
- 2. Advocacy is specifically defined, gives leeway on activities to educate
- 3. Candidate versus issue



# WHAT IS ADVOCACY?

Effective advocacy enables nonprofits to help shape public debate on important social issues

The term "advocacy" encompasses a broad range of activities (including research, public education, lobbying, and voter education)

Advocacy is the number one way nonprofits can advance their issues and help bring about systemic, lasting change

<sup>\*</sup>Per Bolder Advocacy preceding cite



### What is Grassroots Advocacy?

- Aims to involve citizens personally affected by an issue at the heart of an organization's mission
- Efforts to "plant seeds" of concern, growing awareness and engaging citizens organically
- Finding strength in numbers and harnessing that strength to influence public opinion and government action





#### WHERE ADVOCACY CAN TAKE PLACE

#### • Local:

- City council
- School board
- Mayor's office
- Local Business Leaders
- City/County Chamber of Commerce
- County Organizations (County JFS, Senior Services, Veteran Services)

#### • State:

- State legislative body
- Governor
- Attorney general
- State Chamber of Commerce
- State-level agencies (Medicaid, ODA)

#### • Federal:

- Congress
- Fed Agency/regulatory body (USDA, Farmbill, SNAP funding)

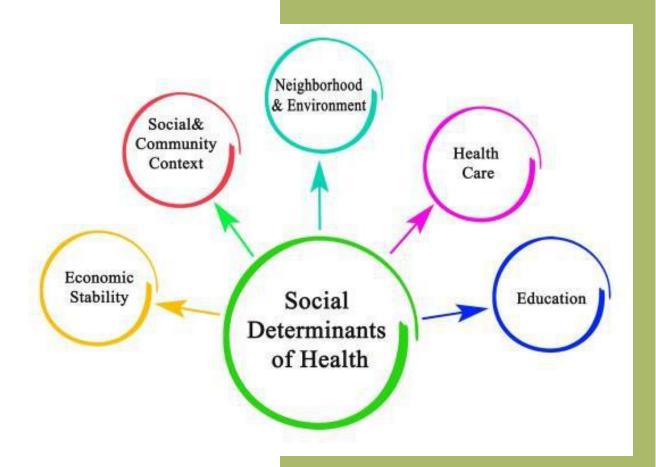




• Social determinants of health (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.

#### • Examples:

- Safe housing, transportation, and neighborhoods
- Racism, discrimination, and violence
- Education, job opportunities, and income
- Access to nutritious foods and physical activity opportunities
- Polluted air and water
- Language and literacy skills





# How is the Mid-Ohio Food Collective Tackling SDoH's?

- Extended Hours
- Farmacy Program
- Healthy Meals prepped by Mid-Ohio Kitchen
- FreshTrak System
- Mid-Ohio Farm



 Food insecurity increases risk of exposure to COVID-19

 Poor health increases susceptibility to COVID-19

 Poverty increases risk of exposure to COVID-19 and inadequate care

FIGURE 1: Linkages Between Food Insecurity, Poverty, and Health During COVID-19

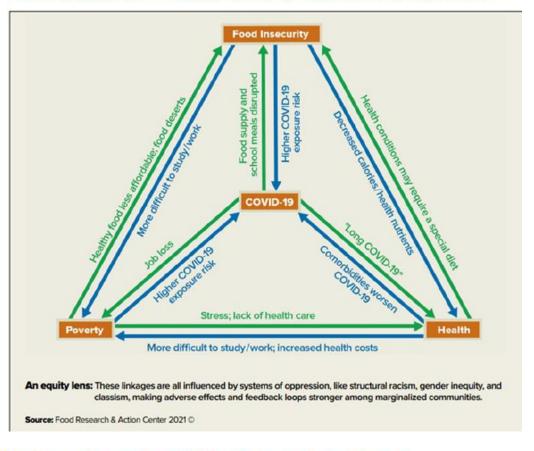


FIGURE 1: Low Income Communities Prior to and During COVID-19

Prior to COVID-19			During COVID-19		
Hunger	Poverty	Health	Hunger	Poverty	Health
Triple the national rates of hunger	2019: 11% of all households were below the official poverty level	High rates of chronic disease	Triple the national rates of hunger	Half of households have difficulty paying for regular expenses and experience slower job recovery	COVID-19 deaths correlated with county-level poverty and with income inequality

Source: Food Research & Action Center 2021 ©



• Feeding America estimated that 17 million people in the country could become food insecure because of the pandemic, bringing the total to more than 54 million people in the country, including 18 million children

#### THE STATES WITH THE MOST **FOOD INSECURITY DURING COVID-19** BASED ON 8 FACTORS WITH A TOTAL POSSIBLE SCORE OF 50 LESS FOOD INSECURITY 15.7 27.0 Kentucky 26.6 North Dakota Alabama 22.1 Louisiana 30.2 25.1 Alaska Maine 24.0 Arizona 23.3 22.6 Oklahoma Maryland 23.8 Arkansas 23.7 18.2 Oregon 26.1 25.4 Massachusetts 26.5 California Pennsylvania 22.2 Michigan Colorado 16.8 24.2 **Rhode Island** 22.5 22.4 Minnesota South Carolina Connecticut 15.7 24.4 Mississippi South Dakota 31.1 Missouri 27.7 Delaware Tennessee 22.4 Florida 28.1 Montana Texas 23.0 Nebraska Georgia 21.7 Nevada 30.8 14.4 Hawaii Vermon 15.1 **New Hampshire** 14.6 17.7 Idaho Virginia 19.6 26.3 **New Jersey** 22.8 Illinois Washington Indiana 23.3 **New Mexico** 28.2 **West Virginia** 23.4 18.9 12.3 **New York** 30.2 lowa 19.4 21.1 North Carolina



#### State of Hunger, Poverty in Your Region

#### Ohio

#### 496,100 workers live in households that participated in the Food Assistance Program

- 65% + of SNAP participants are in families with children
- 12.6% of households were "food insecure," or struggled to afford a nutritionally adequate diet.
- 13.1% of the population lived below the poverty line.
- 18.4% of children lived below the poverty line.
- 8.3% of elderly lived below the poverty line.

#### Pennsylvania

- 548,400 workers live in households that participated in SNAP
- 61% of SNAP participants are in families with children
- 10.2% of households were "food insecure," or struggled to afford a nutritionally adequate diet.
- 12% of the population lived below the poverty line.
- 16.9% of children lived below the poverty line.
- 8.3% of elderly lived below the poverty line.

#### Michigan

- 461,400 workers live in households that participated in the Food Assistance Program
- 61% of SNAP participants are in families with children
- 12.2% of households were "food insecure," or struggled to afford a nutritionally adequate diet.
- 13% of the population lived below the poverty line.
- 17.6% of children lived below the poverty line.
- 8.4% of elderly lived below the poverty line.





# STATE PROCESS PRIMER

#### • BILL PROCESS:

- Committee to floor to other chamber to Governor
- Vetoes, non-concurrence and other process swerves
- STATE BUDGET PROCESS:
  - Every two years; Governor to
     House to Senate to Conference
     Committee to Governor (who has line item veto power)





# FEDERAL PROCESS PRIMER

#### • BILL PROCESS:

 Committee to floor to other chamber to President; can go to multiple committees and process swerves

#### • BUDGET PROCESS:

- New budget each year –
   October 1 to September 30 FY
- Farm Bill lays parameters for funding which is contained in separate budget bill
- 12 major funding bills for federal government operations



#### **FEDERAL**

- COVID-19 Relief will there be more relief packages?
- Federal Budget: Build Back Better, Child
   Nutrition Act, Farm Bill
- USDA TEFAP and other program rules –
   including end of regulatory waivers
- Social Determinants of Health –
   Medicaid, Housing, Employment







## MAKING CONTACT

- How to find Legislator contact info:
   <a href="https://www.legislature.ohio.gov/">https://www.legislature.ohio.gov/</a>
- E-mail has become primary contact means; phone also works
- Be polite, professional and succinct
- Always end with request to visit your site to see firsthand what you do and the impact on the community!





## THE ASK

- Start with who you are: your name, position, organization
- Why you are contacting them: requesting support of increased antihunger funding – have specific ask, if there is one!
- Share your experience:
  - Why this issue is important to you
  - What have you seen include stats (what changes have you seen in your customer base and service offerings?)





## Discussion

- What are ways that you have participated in advocacy efforts in the past?
- How can MOFC Advocacy team assist?

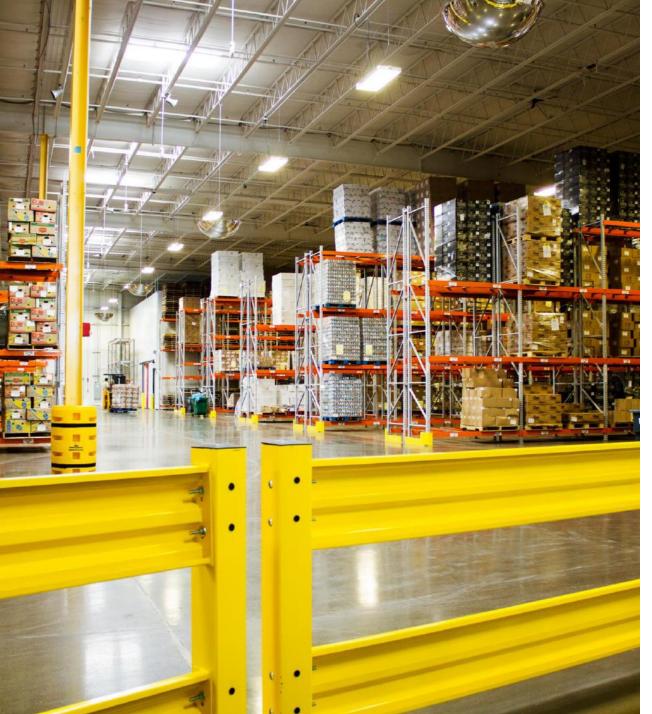


#### **UPDATES AND RESOURCES**

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Key websites for updates and advocacy action requests:

- USDA Food and Nutrition Service Newsletter: <a href="https://www.fns.usda.gov/">https://www.fns.usda.gov/</a>
- Feeding America: www.feedingamerica.org
- Food Research and Action Council: www.frac.org
- The Center on Budget and Policy Priorities: www.cbpp.org
- Mid-Ohio Foodbank: www.midohiofoodbank.org
- Foodbank Advocacy Network (FAN): <a href="https://mofc.org/advocacy/">https://mofc.org/advocacy/</a>
- Ohio Association of Foodbanks: www.ohiofoodbanks.org
- The Root Cause Coalition: <a href="https://www.rootcausecoalition.org/">https://www.rootcausecoalition.org/</a>
- Sign onto newsletters, follow on social media!
- Share with others!
- Utilize these resources for advocacy calls-to-action and to educate tell our story!





#### THANK YOU

## Call on your advocacy team for questions and assistance:

Tim White, Advocacy Manager:

- (P) 614-317-9480
- (C) (614) 314-2485
- twhite@mofc.org

Hallie Carrino, Grassroots Government Relations Specialist

- (P) 614-277-3663 x424
- (C) 631-338-5000
- hcarrino@mofc.org