



# Healing and Being Healed

Clerk's Message, by Peggy Daub

*There is a balm in Gilead, to make the wounded whole;  
There is a balm in Gilead, to heal the sin-sick soul.  
Some times I feel discouraged, and think my work's in vain,  
But then the Holy Spirit revives my hope again*

[Traditional]

On the opening night of this year's annual sessions of Lake Erie Yearly Meeting we heard about an astonishing healing moment. Vaughn and Miriam Peebles, members of White Rose Meeting (Ohio Valley Yearly Meeting) and frequent visitors to our summer gathering, stood to tell their story. When we met in June 2009, many were concerned to learn that Miriam had suffered a serious stroke the week of our sessions and that her prognosis for recovery was slight. In fact, Vaughn related, the doctors told him early in the week that she probably had only hours to live. Instead, during the very hour of the Meeting for Healing at our sessions, Miriam took a sudden turn for the better, and since then her recovery has continued. This year they came to Bluffton to thank us warmly and tearfully for being part of that healing moment. We rejoiced with them and were grateful for being reminded that there is a Power full of healing we can turn to – that balm in Gilead of the hymn.



Our Plenary Speaker, Lloyd Lee Wilson of North Carolina Yearly Meeting (Conservative), brought us a plenary address that touched on the wounds presently suffered by the natural world. He told us “do not let the ocean of darkness overcome you.” He challenged us to recognize all of Creation as a neighbor which we are called to love as ourselves, and to live with it in an “I-Thou” relationship. This spoke to me of these two ways in which we can work toward healing: calling on the healing power of the Divine and turning our intentions and actions toward the active role we can play in that healing.

I was strongly affected by the large, walk-through map of the upper Maumee River watershed set up at our sessions in Bluffton. It had been created by a group of friends from Broadmead Meeting for the Friends General Conference Gathering in Bowling Green in July. Perhaps because I grew up in the Maumee Watershed, it was truly a body-felt experience to see the land represented with both its unique natural geographic and ecological features and its human-created wounds that cry

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## Clerk's Message, continued

out to be healed. These Friends have given us an enormous gift of their time and knowledge. I am very grateful to them, as well as to the faithful Friends on our Earth-care Committee who use their time, talent, and imagination to bring these issues to our attention.

Thus, when Lloyd Lee Wilson said that we should develop an "I-Thou" relationship with nature (as Buber had described the human-God relationship), I was grateful that there were Friends among us to help us reach that level of understanding of how we can feel part of creation by virtually walking where the Maumee River flows. When the dominant culture calls Creation "it," we can call it "thou," because we don't simply live in Creation, but are in a relationship with it.

For many years Richard Lee of Red Cedar Meeting has contributed the gift of leading a Meeting for Worship for Healing during Yearly Meeting's annual sessions. Several of our Monthly Meetings also have Meetings for Healing. Mine does not, but I think these provide opportunities that could guide us to the recollection of the healing power held within group prayer. Just as the Meeting for Healing at



our annual sessions seemed to play a role in Miriam Peebles' remarkable recovery, groups who gather faithfully in prayer can contribute healing to a wounded world.

As I enter this first year of my service to you as Clerk of the Yearly Meeting I have had on my mind and heart a task which I believe is at the core of why the Yearly Meeting exists: to use the

strength of our gathered meetings to make an impact on ourselves and on the world. May we find grace together and strength for healing and being healed.

- Peggy Daub, Clerk

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### WALKING THE LABYRINTH

*in a city church*

all the candles aflame

I gasp at so much light  
fifty votives in the rack  
a few red glass holders  
amid rows of white

many other times

I've entered this hall  
struck a new match  
to light the first candle—  
journeyed in shadow

but tonight

every candle burns  
in the rack, by the wall  
all around the canvas  
painted with circling path

many souls walk

some stand in the center  
wave arms in rhythm  
to inward psalms

at the six-petaled heart

two sit face to face  
like cherubim guarding the Ark  
in this candle light

in the Light

*Nancy E. James*

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# Athens Monthly Meeting

## Remembering Art Gish BY BECCA J.R



Tonight, I'm digesting the news that Athens has lost one of its pillar citizens. Truth is, a peace activist willing to "walk the walk" will continue on through the people he knew worldwide and the convictions he published. But this doesn't make the news any easier to accept.

Art Gish saw bold beauty in living simply and in the sloppy footprints of love. This made him a mentor in the back-to-the-land movement and a controversial figure to some.

Like most people who knew him, I had moments with Art when I wanted to hug him and others when I wanted to run in the other direction. I say this with love—Art was a man willing to stand in front of an Israeli bulldozer; willing to look for God in a chapel, mosque, and synagogue in the same weekend; willing to do peace work in Gaza while his wife did peace work in Iraq; willing to stop you on the street to say his truest feelings, even if they made you uncomfortable. I was reminded that I still had a lot of inner work to do during those times when Art "shook me up."

I first sought out the Gishes after coming back from a year of Mennonite Voluntary Service. I remember thinking that if I had to come back to Ohio, at least I was going to live in a place that had people like Art and Peggy. With no answering machine and no cell phones at their farm, it was harder to reach the Gishes than I planned. But I remembered my mom describing Art Gish from one of his many local talks on peace-making, and the first time I saw a man with a dazzling white beard and donning an Amish hat, I strode over to him and piped, "Mr. Gish?" He shook my hand and hurried us towards the courthouse, where he was leading a peace vigil.

One of the many reasons I went into Voluntary Service was because I read Art's book, *Beyond the Rat Race* as my parents had before me, then passed the

book onto me)—and it challenged me, inspired me (and let's be honest, scared me). Still does today. I also wanted to talk to the Gishes because of their experience doing peace work abroad. At the time, my parents were in Liberia with Mennonite Mission Network, and, as much as I wanted to deny it, as their youngest daughter, I was having difficulty processing their decision to leave—to put themselves in potential danger—for other children's sake. When my parents were in the States for a brief visit, the Gishes had us out for dinner, and we talked about poetry, farming, and the importance of being a witness.

"You're eating weeds!" Art told us proudly as we munched on dandelion and thistle salads.

Everything had a surprising purpose, even if we thought it didn't. This was the mantra I took from the Gishes that night. Art and Peggy sold produce at the local farmers' market; rhubarb was a regular pink wonder on their table of goods. I think that rhubarb might be a perfect metaphor for the daily activism Art chose to live. After all, "rhubarb" is not relished by everyone—even avoided by some; it's bold and unique and can be used with many other ingredients; it takes time to get established. But it comes back, year after year. And it gives, even when we don't want what it has to offer.

The last things I heard Art say on this Earth were: (at a Quaker Meeting) "I want to say that I hear the birds singing, praising God—and I want to praise God too." In *Beyond the Rat Race*, he wrote, "It is said that the longest journey begins with one step. So it is with simplicity." So it is with peace, and so it is with marrying the "sour and sweet" together of knowing ourselves and one another in a life that offers many opportunities for us to turn away.

Let's not turn away.



## Sixth World Conference of Friends

17-25 April, 2012

Nakuru, Kenya

Being Salt & Light: Friends Living the Kingdom in a Broken World

### Dear Friends in Lake Erie Yearly Meeting,

All yearly meetings of Friends in the world have been invited to send representatives to the Sixth World Conference of Friends. This is a gathering for the entire family of Friends, not just those affiliated with FWCC. As a service to the family of Friends, FWCC has organized such a conference about once each generation; this is the first since 1991. In fact, FWCC grew out of the Second World Conference of Friends held in Swarthmore, PA in 1937.

In the coming months, we will have various opportunities to explore the theme with study materials both in writing and on-line in study circles. A special website will be set up with information and blogs on aspects of the theme. The International Planning Committee wants to include the whole fellowship; our hope is the Friends from around the world, whether they are able to attend the World Conference or not, will engage with the theme in meaningful ways.

Friends can attend the conference in two ways: by yearly meeting appointment [c. 600 people] and by personal application for open places [c. 300 people]. **Lake Erie Yearly Meeting has been invited to appoint 3 Friends to attend.**

When considering our appointments, the International Planning Committee has asked that yearly meetings name

Equal numbers of men and women

25% or more of yearly meeting representatives be under the age of 35

a mix of people who have never attended international gatherings with those who have.

The anticipated cost of the eight-day conference will vary from country to country based on each country's GDP [gross domestic product] as well as its PPP [personal purchasing power]. This approach has been used for many years by the Mennonites and the Anglicans and appears to be fair and well-accepted in those denominations.

Yearly Meetings have been asked to respond to this invitation by publicizing the conference widely within the yearly meeting, by letting the FWCC World Office know if we plan to fill all 3 of our allocated spaces (we have and do) and by informing them of our named delegates and alternates by 15 January 2011 at the latest. We also must begin to raise funds to support the attendance not only of our representatives but also to support the travel and accommodation fund for Friends from the developing world.

If you would like more information about the Conference, check the FWCC WO website ([fwccworld.org](http://fwccworld.org)). If you wish to apply to be one of the 3 LEYM appointees, use the form on the adjacent page to indicate your interest. It will also be available on the LEYM website ([www.quaker.org/leym](http://www.quaker.org/leym)). Our deadline to receive written expressions of interest is November 16, 2010. The FWCC World Office will begin accepting applications for open places in January 2011.

Thomas F. Taylor, Clerk  
LEYM Nominating Committee



## Sixth World Conference of Friends

17-25 April 2012 - Nakuru, Kenya

Being Salt & Light: Friends Living the Kingdom in a Broken World

### Expression of interest in appointment as a Lake Erie YM delegate

Your name: \_\_\_\_\_ Monthly Meeting or WG \_\_\_\_\_

Your email address: \_\_\_\_\_

Your mailing address: \_\_\_\_\_

Are you a recorded member? Yes \_\_\_\_\_ No \_\_\_\_\_ Since what date? \_\_\_\_\_

Your year of birth \_\_\_\_\_

Previous attendance at international Friends conferences? \_\_\_\_\_

\_\_\_\_\_  
Please describe the leading that has prompted your interest in attending the Sixth World Conference of Friends in 2012 in the space below (and on another page if needed).

*THIS SPACE INTENTIONALLY  
LEFT UNPROGRAMMED*

*(back of registration form)*

# Lake Erie Yearly Meeting 2010 Epistle

1st day, Eighth month, 2010

Greetings to all Friends everywhere,

Lake Erie Yearly Meeting held its 2010 Annual Sessions July 29 – August 1 on the grounds of Bluffton University, Ohio, with the theme “Where there are Shadows, There is Also Light.”

After many years of meeting in mid-June, we met later in the summer to encourage attendance by families whose school years overlapped that time. Further encouragement was added with free registration for youth, with the happy result that there was a 40% increase in the number of youth in attendance. Overall we were 173 strong, with a healthy mixture of ages from 6 months to 91 years.

Our Plenary Speaker, Lloyd Lee Wilson of North Carolina Yearly Meeting (Conservative), provided a timely and timeless message titled “An Epistle of Hope in a Discouraging Time.” He encouraged us to be hopeful in the midst of a Creation which is damaged by humankind and increasingly at risk, and to recognize that not just humans but all of Creation is our neighbor, whom we are called on to love as ourselves. He challenged us to examine our lives carefully to see where the seeds of damage to Creation lie. He helped us recollect our heritage by pointing out that being Faithful means living a life with God at the center, and following the leadings that result; that is, living as if the Kingdom of God is here now. As we proceed we have the tasks of being vigilant in the encouragement of spiritual growth everywhere, all the time, and inviting others to join us in this work.

Our Earthcare Committee shared the results of a lengthy study of the Maumee River Watershed of northern Ohio in the form of a 500 square-foot walk-through map derived from aerial photographs, surrounded by educational posters that gave voice to the dangers facing the fragile ecosystems as well as giving hope by proposing actions we could take to help. This exhibit provided a local example of treating Creation as our neighbor.

Our business meetings were deeply infused by Spirit. Among the moving moments were the readings of memorial minutes followed by worshipful sharing of memories of those from our community who died this past year. Our clerk, Merry Stanford, noted the relative youth of our Yearly Meeting (less than 50 years) compared to others in this country, which are up to 350 years old. She suggested that as we grow more complex we will need to address how we can successfully manage those complexities.

We are pleased with the revitalization of the High School Teen Retreat Program, which promises to keep our youth in touch with each other through quarterly retreats. All of us treasure the relationships we make and renew at our Annual Sessions, whether through singing, worship sharing, conversations over meals and in the bookstore, joining young people in their program, Bible Study, committee work, and the talent show and ice cream party on Saturday night. We are renewed by the fellowship and deep worship we experienced at our Annual Sessions, and found both challenges and hope in the ministry of our plenary speaker and others who spoke from the Spirit.

On behalf of Lake Erie Yearly Meeting,  
Merry Stanford, Clerk



# Lake Erie Yearly Meeting Adult Young Friends 2010 Epistle

To Friends everywhere,

We, the Adult Young Friends of Lake Erie Yearly Meeting, deliver this epistle at the close of the 2010 yearly meeting session on the theme of “Where there are shadows, there is also light.”

Whether we came to the yearly meeting sessions for the first time, returned after long absences, or continued impressive streaks of regular attendance, we found joy in each other’s company. In the fourth year of our existence, we see our role solidifying. We seek to create a space for those who are maturing spiritually but still do not quite know their place within the wider yearly meeting. We ask the meeting for support and understanding as we try to discover what it means to be young adults and members of this religious community.

Knowing that we serve as a valuable resource for Friends whose lives are in transition has led us to expand our age limit past 25 years. While we welcome these Friends, we struggle with challenges including somewhat amorphous organization, a lack of visibility for new attendees, and difficulty with planning and knowing whom to expect at yearly meeting.

Still, we hope to bring back Friends who were once active in our yearly meeting but wandered off after high school due to the lack of a continuing space for them. While the universe’s dark energy propels us apart at ever increasing speeds, we hope the Adult Young Friends program serves as the dark matter that binds us together in a galaxy whose light shines into the shadows of these discouraging times. With this tortured metaphor, we show that we did in fact go to workshops and pay attention to the yearly meeting theme.

We look forward to deepening our relationships with each other and with the community as a whole at the yearly meeting sessions in 2011. Because we’re all coming back next year, right? Right.

In peace,

The Lake Erie Yearly Meeting Adult Young Friends

Cari Burke

Psyche Castro

Michael Edmiston

Shannon Pratt-Harrington

Clairellyn Smith

Bekah Sommer

Micah Sommer

Robb Yurisko

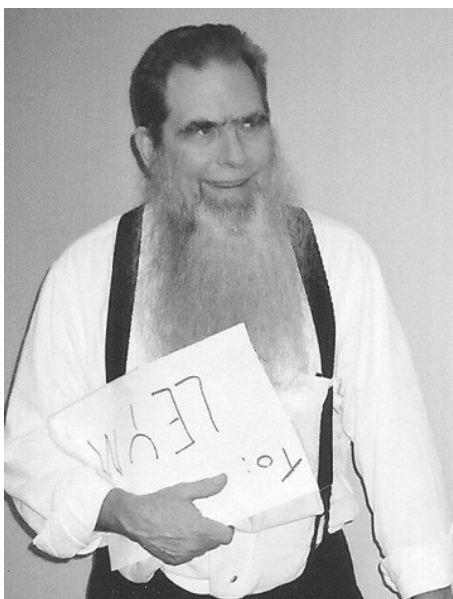


# A Letter of Encouragement in Discouraging Times

## The 2010 Plenary Address by Lloyd Lee Wilson

*Reported by Nancy E. James, Pittsburgh Monthly Meeting*

“A message!” said a child’s voice from the back of the room. Up front, a young girl in plain dress stood waiting. The voice, which belonged to her younger brother, made the announcement again—then the boy appeared, carrying a large folded sheet of paper with **“To: LEYM”** printed in crayon. He handed the paper to his sister, who in turn passed it to Lloyd Lee Wilson, plenary speaker at the 2010 Annual Meeting of Lake Erie Yearly Meeting.



Wilson, a recorded minister in North Carolina Yearly Meeting (Conservative), unfolded the paper behind the lectern and began to read an introduction that echoed, in words and style, both the New Testament epistles of Paul and writings of early Quakers such as George Fox: “Remembering your hospitality when I was a stranger among you, and your desire to know God experimentally . . . The ocean of darkness surrounds us all and we are beset on every side . . . Persevere in the Lamb’s War which is our calling and our hope of glory . . .” It was as though we, his listeners, had taken on the roles of both early Christians and early Quakers. Thus Wilson reminded us that dark, discouraging times, like those that exist today, are nothing new to believers.

“Like the people of God in other places and times,” he said, “we have two ways to respond to the world: faithfulness or faithlessness.” By faithlessness he meant “the path of collaboration with the forces and values of the dominant system,” which promotes selfishness, personal gain, and self-protection in the face of “economic and social and environmental darkness.” Faithfulness, however, means acting daily to reduce the harm we may cause and staying close “to the teachings and insights given by the

Holy Spirit, our Inner Guide.” He added that “our faith must be more than intellectual or emotional assent; it must be made manifest in our lives every day . . . we must be doers of the word, and not hearers only.” He cautioned us not to pursue “the path of direct confrontation” because God’s path is that of love, moving toward a world where there are no enemies.

Wilson spoke in detail about two areas in which we are called to live out our faith: our relationship with the rest of creation and our relationship with our fellow human beings. A right relationship with the environment is an I-Thou relationship rather than the I-It “empire mentality” that has produced global climate change, destruction of ecosystems, and poisoning of air, water and land. “The true measure of our well-being includes the welfare of every bit of God’s creation, of which we humans are only a small part.” Similarly, in human relationships, we wrongly focus on “how different we are from one another.” Wilson criticized the kind of immigration policy that “emphasizes differences in legal status . . . and mostly ignores our common humanity.” He quoted a passage in Leviticus in which God speaks through Moses saying, “The alien who resides with you shall be to you as the citizen among you; you shall love the alien as yourself” (Lev. 19:33-34, NRSV). Wilson reminded us that “a necessary foundation stone for peacework among Friends must be the demonstration that peace is possible in our own local neighborhood. . . . Peacework begins with the person next door.” The primary task, he said, “is our work to change individual hearts, starting with our own . . .”

In his summary Wilson quoted George Fox: “. . . be patterns, be examples in all countries, places, islands, nations wherever you come; that your carriage and life may preach among all sorts of people, and to them . . . whereby in the world you may be a blessing.” He closed with the thought that “God calls us to make our faith a living reality by acting faithfully toward . . . all of creation.” When we accept this invitation “for ourselves by our own deeds,” we also extend it to others, and our faithfulness can affect the world for the better.

# Afterwords

LEYM 2010 Workshop led by Lloyd Lee Wilson

*Report submitted by Lisa Sinnett*

The seekers were gathered in silence with Lloyd Lee Wilson, waiting to learn more about the message he brought to Yearly Meeting: “A Letter of Encouragement in Discouraging Times.” Every inner warning bell was going off as I tentatively slipped into the Afterwords Workshop. Who was this plain Friend from a conservative meeting? My experience with the Quaker faith had been in unprogrammed meetings, and my private spiritual practice has leaned towards pantheism, lounging under various trees reading Wendell Berry poetry and holding Quaker Earthcare Witness in special esteem. Would I be open to a Friend bringing a Christ-centered message? Would I be able to hear the message without fear?

Lloyd Lee Wilson had a centered and beautiful presence, and he spoke widely and about Jesus, peacemaking, plain friends, atonement, covenant groups and his personal journey. He spoke about his deep commitment to the environment. He also answered many other questions and gave one-on-one attention to people’s personal concerns and questions.

Lloyd Lee urged Friends to consider our common root of early Quakerism, not only being explicitly

framed by Christian faith and principles, but also a strong vision of peacemaking. He spoke at length of how when we “seek to defeat the spirit of darkness with a head-on oppositional methodology, we become more and more like the powers of darkness.” He challenged the American “culture of ranters” and suggested that we not “surrender the vocabulary” of Christ and Christianity, so that the only interpretation left is the harmful and judgmental. Instead, when we put down deep roots in our own spirituality we can be deeply connected to God.

What touched me most was Lloyd Lee’s deep concern and love for people and the earth we live on. He said we are “flawed immigrants” on this earth, but we can be “implicated resisters,” and search out seeds of sin, war, injustice, and environmental damage, and remove them little by little, always inviting others. He did not explicitly state the equality testimony, but it was threaded throughout everything he said. There is no part of the earth, air, or water that is not damaged by humans. It is senseless, and he reminded us not to be in an “I and it” relationship with the earth, but an “I and Thou.”

It is always wonderful to be at Yearly Meeting, and get to know people like Lloyd Lee Wilson who are living their faith, rooted in Spirit.

God Bless you, Lloyd Lee Wilson, and thank you.

## 2010 LEYM Query

### Background:

Each year LEYM’s Ministry and Nurture (M&N) committee develops a query for the monthly meetings to discuss, and then send their responses back to the M&N committee. This year, the query is different because an LEYM *ad hoc* committee has drafted a full set of advices and queries similar to the ones that Philadelphia Yearly Meeting has in their *Faith and Practice*, and is requesting feedback. The M&N committee did not want to burden the monthly meetings with too many requests, but also wanted to maintain an annual query for the meetings that use them for deep introspection. Way opened when the committee realized that we have never asked the monthly meetings to examine how they use queries. The committee recommends that members of various monthly meetings look over the proposed advices and queries before their meeting tries to answer the LEYM 2010 annual query. These are posted on line, as a link from the Ministry and Nurture Committee page at [http://leym.quaker.org/library\\_assets/files/April\\_2010\\_draft\\_LEYM\\_advices\\_queries\\_2.doc](http://leym.quaker.org/library_assets/files/April_2010_draft_LEYM_advices_queries_2.doc) Responses to the LEYM annual query below are to be sent to both Thomas Taylor at [tftaylor@tds.net](mailto:tftaylor@tds.net) and Ellen Barnes at [ellenbarnes1@wideopenwest.com](mailto:ellenbarnes1@wideopenwest.com).

### 2010 LEYM Query on the Use of Queries:

Friends traditionally have used queries to deepen spiritual lives, confront difficult questions, and encourage corporate and individual self examination.

How does your monthly meeting use queries?

How do you as an individual use queries?

Do the proposed LEYM Advices and Queries support these uses? How are they useful? How are they not? How can they be improved upon?

Has one or more of these proposed LEYM Advices and Queries profoundly affected you or your meeting?

# Experiment with Light

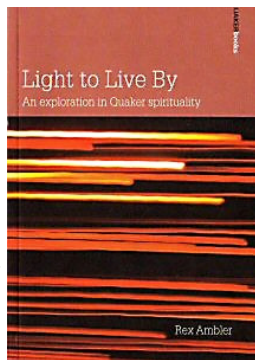
LEYM 2010 Workshop  
Led by Jerry Knutson

*Report submitted by Bill Warters*

This workshop provided the attendees with an opportunity to learn more about a structured technique for meditation developed by Rex Ambler, a British Quaker, based on his study of the experience of early Friends. The technique, known as "Experiment with Light" is described in Rex Ambler's book *Light to Live By: An Exploration in Quaker Spirituality*. Since 1996, when Ambler first introduced the technique, a number of different Light meditations have been developed to suit the experience level of the participants and their comfort level with modern versus 17<sup>th</sup> century English verbiage.

All Light meditations follow more or less the same pattern. A paragraph is read, followed by about four to seven minutes of silence. Then the next paragraph is read, followed by about the same time of silence, and so on. A meditation may be preceded by a few minutes of silence to give people the chance to "center down." The timing can be varied, depending on practitioners' preferences. However, the paragraphs need to be read (or played from tape/CD/audio file) in the correct succession, as they have

been arranged in a particular way to enable meditators to go through the same process as early Quakers went through on their discovery of the Light.



Participants in the workshop learned about the history of Experiment with Light and then had an opportunity to try out the technique themselves followed by a period of reflection and discussion. As a testament to the power of the process, afterwards one participant spoke movingly about a new insight that emerged during the process, while another said they felt somewhat troubled or stirred up by the images that they encountered in their own meditation.

Jerry Knutson took the occasion to remind Friends that an Experiment with Light meditation may on occasion trigger insights that can be disturbing and that Light meditation is best practiced within a group of friends who can provide each other emotional support when needed. Typically, a group of Friends in a region will form a "Light Group" to get together and practice the technique, taking turns being the person who reads through the meditation prompts and keeping time.

More information and scripts and audio files of sample Light Meditations can be found online at <http://www.charlieblackfield.com/light/>



**Left:** The eldest attendee at LEYM Yearly Meeting, Claire Davis, with youngest in arms.

**Above:** Long time friends Sheila Johnson and Erika Smith at yearly meeting.



# Workshops Available for your Meeting

By Jerry Knutson

[almostluddite@yahoo.com](mailto:almostluddite@yahoo.com)

I plan to travel in the ministry and present workshops to meetings in LEYM for the months of September and October 2011 and April and May 2012. This is part of the supervised ministry requirement at Earlham School of Religion. If your meeting would like me to present a workshop please email me at the above address.

**Autobiography** Jerry Knutson is a member of Pittsburgh Monthly Meeting, a Released Friend and a student at Earlham School of Religion. He started meditating in 1971 with Transcendental Meditation, learned the Edgar Cayce approach to meditation in 1983 and began worshipping with Quakers in 1993. He was a residential student at Pendle Hill for the following terms: winter 2002, fall 2002, winter 2003 and spring 2003. He has been a residential student working on a Master's of Divinity at Earlham School of Religion since August 2008.

**Discernment: Receiving, Testing and Implementing Guidance from a Higher Power.** I have been following a leading to study, practice and write about discernment since 1999. I have studied and written about discernment at Pendle Hill (2002 and 2003) and Earlham School of Religion (2008 to present). We will read from my manuscript and worship share on the manuscript and our own experiences. Spiritual disciplines and clearness committees are also covered. Because of the large amount of content, this workshop takes a minimum of six hours.

**Tai Ji** This is a very simple method of Tai Chi (slow body movement) that can be easily learned and practiced at home after the workshop. This workshop can take between 20 and 45 minutes.

**"Be still and cool in thy own mind and spirit from thy own thoughts, and then . . ."** George Fox wrote a two-page letter to Lady Claypoole addressing the basic technique about what should be going on in the mind of a Quaker. We will read the letter and learn about its principles. This workshop can be conducted in an hour but can be expanded up to four hours if we work with the many biblical allusions.

**A Guided Meditation to Experience God's Love** The meditation is based mostly on the teachings of Edgar Cayce, a devout Christian and mystic. This is combined with the work of George Fox, Thomas Keating, Thomas Merton, the author of *The Cloud of Unknowing*, and Jewish scholars. This workshop takes a minimum of two hours.

The following workshops can be conducted in one hour and can be expanded to a couple of hours or more with various exercises:

**Introduction to Meditation** This workshop is based on the meditation technique in the book, *The Relaxation Response*, by Herbert Benson, M.D. We will read and worship share on a handout and then practice the method.

**Centering Prayer** This is a very popular meditation technique that was taught by the Roman Catholic monks, Thomas Merton, Thomas Keating and Basil Pennington. We will read a handout and then practice the method.

**Edgar Cayce's Meditation** Cayce, a devout Christian and psychic diagnostician, has taught a meditation technique that is in use around the world by small meditation groups. After an explanation of the method, we will practice it.

**Waiting Worship** We will read and worship share on a handout about unprogrammed worship from *Listening Spirituality; Volume II, Corporate Spiritual Practices Among Friends* by Patricia Loring.

**The Gathered Meeting** We will read and worship share on the tract "The Gathered Meeting," by Thomas Kelly, a twentieth-century Quaker.

**Experiment with Light** Rex Ambler, a British Quaker, uses George Fox's writings to articulate a meditation technique based on the early Friends. Many Quaker "Light Groups" have formed using his book, *Light to Live By; An Exploration in Quaker Spirituality*. After a brief explanation of the method, we will practice it.

**Spiritual Healing** In 2000, I wrote an article about conducting a spiritual healing group. (The article also talks about the differences between spiritual healing and faith healing.) Many Quaker monthly and yearly meetings have Spiritual Healing Groups using a similar technique. After reading the article, we will practice the technique.

**Guided Meditation on the Old Testament** In this workshop we will read passages that relate to meditation from the Old Testament and then we will be guided in a meditation on these passages.

**Guided Meditation on the New Testament** In this workshop we will read passages that relate to meditation from the New Testament and then we will be guided in a meditation on these passages.

## **NYYM Will Hire YAF Field Secretary**

New York Yearly Meeting is ready to hire a Young Adult Friends field secretary—a seasoned Friend to serve in the capacity of networking, coordinating, and outreach, and to be a catalyst for young adult Friends in this Yearly Meeting.

The Young Adult Friends field secretary's major responsibilities are to work with young adult Friends, serving as a locus and a catalyst for networking and community building; doing mentoring, coordinating, and outreach, and helping these Friends to develop their gifts and to find a home in the Religious Society of Friends. This work will necessitate considerable travel, meeting with young adults where they live and worship. In addition, the position will provide logistical support for Young Adult Friends retreats and activities, and serve as a support and focal point for college outreach efforts. This is a half-time position including many weekend commitments.

The field secretary must be a member of the Religious Society of Friends (or a committed and active participant in Friends' activities) with a strong understanding of Quaker testimonies and practice. This Friend must have strong verbal and written communication skills, be skilled at supporting and investing the gifts and energies of others, be personable, and have a firm grasp of current electronic communication technologies. It is expected that this Friend would worship regularly with a NYYM monthly meeting.

For further information and to apply, contact Heloise Rathbone, clerk of the Personnel Committee, at 718-636-8253 or [hcrathbone@gmail.com](mailto:hcrathbone@gmail.com).

An application can be downloaded at <http://www.nyym.org/index.php?q=node/527>

The job description appears below.

### **JOB DESCRIPTION: YOUNG ADULT FRIENDS FIELD SECRETARY**

#### ***Primary Function***

The Young Adult Friends Field Secretary's major responsibilities are to work with young adult Friends, serving as a locus and a catalyst for networking and community building; doing mentoring, coordinating, outreach, and helping these Friends to develop their gifts and find a home in the Religious Society of Friends. This work will necessitate considerable travel, meeting face to face with young adults where they live and worship. In addition, the position will provide logistical support for Young Adult Friends retreats and activities, and serve as a support and focal point for college outreach efforts. This is a half-time position including many weekend commitments.

#### ***Supervision/Oversight***

The Young Adult Friends Field Secretary works for the Yearly Meeting under the supervision of the General Secretary; working closely with the Associate Secretary, and the Young Adult Concerns Committee. She/he shall be in frequent communication with the Traveling Friends Advisory Group, the Ministry and Pastoral Care Committee and the Advancement Committee.

#### ***Qualifications***

The Young Adult Friends Field Secretary shall be a member of the Religious Society of Friends (or a committed and active participant in Friends activities) with a strong understanding of Quaker testimonies and practice. This Friend must have strong verbal and written communication skills, be skilled at supporting and investing the gifts and energies of others, be personable, and have a firm grasp of current electronic communication technologies. It is expected that this Friend would worship regularly with a NYYM monthly Meeting.

*continued on page 14*

## ***Responsibilities and Duties***

### **Primary Responsibilities**

1. Engage in substantial visitation of Monthly, Quarterly, Regional and Half Yearly Meetings, engaging with young adult Friends to facilitate deeper community and spiritual growth while also gaining insights as to how the Yearly Meeting as a whole can better integrate and support Friends in this age group.
2. Support the work of YACC, as needed.
3. Minister to the spiritual needs of young adults in the Yearly Meeting; provide individual and group support; develop leadership.
4. Maintain the Circle of Young Friends database.
5. Provide logistical support and coordination for the Young Adult Concerns Committee (YACC) retreats, as needed.

### **Secondary Responsibilities**

1. Serve as a focal point for College Outreach efforts, nurturing and supporting worship groups, and staying connected to youth when they enter college.
2. Provide consultation and support to local meetings as needed and requested.
3. Maintain communication with clerks of YACC, Nurture Coordinating Committee (NCC) and the Advancement Committee.

### **As Time Permits**

1. Maintain appropriate liaison relationships with Young Adult Friends programs of Friends General Conference, Friends United Meeting, Friends World Committee for Consultation, and young adult Friends coordinators in other Yearly Meetings.
2. Other duties as assigned by the General Secretary and /or the Associate Secretary.

### **Review of Responsibilities and Priorities**

The Personnel Committee, in conjunction with the General Secretary and YACC, will review these responsibilities every six months, adjusting as experience dictates. At the end of two years, this position will be reevaluated on the basis of its effectiveness and the other needs for staff support in the Yearly Meeting.

### **Accountability**

1. Be accountable to the Personnel Committee through her/his supervisor.
2. Be familiar with the Personnel Handbook policies and procedures.
3. Communicate regularly with her/his supervisor and support/oversight committee.
4. Submit visitation reports and time-logs in a timely fashion.
5. Participate in periodic performance evaluations.
6. Review and revise in one or two years.

## LEYM Change of Address

Please return to:

Name \_\_\_\_\_

Lisa Sinnett  
270 W. Maplehurst  
Ferndale, MI 48220

Address \_\_\_\_\_

City \_\_\_\_\_

Thank you!

State \_\_\_\_\_

Zip \_\_\_\_\_

Email \_\_\_\_\_

Meeting \_\_\_\_\_

Where There Are  
Shadows, There is  
also Light

*-Lake Erie Yearly  
Meeting 2010*

## Calendar

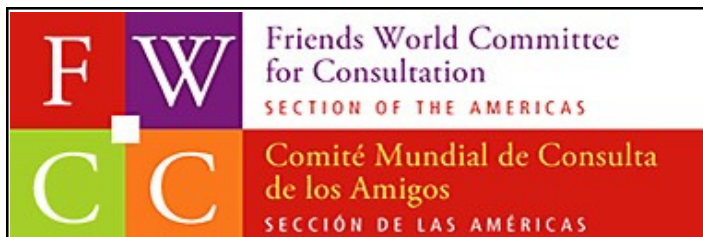
### LAKE ERIE YEARLY MEETING

- ♦ SALT AND LIGHT: MONDAY, NOVEMBER 1, 2010 AT THE KALAMAZOO FRIENDS MEETING HOUSE. 6:30 PM. PLEASE CONTACT MILLRAE@JUNO.COM
- ♦ SALT AND LIGHT. WEDNESDAY, NOVEMBER 3, 2010 AT ANN ARBOR FRIENDS MEETING,. 7:15 PM; PRECEDED BY POTLUCK DESSERT AT 6:30. PLEASE CONTACT TFTAYLOR@TDS.NET
- ♦ DEADLINE TO EXPRESS INTEREST IN ATTENDING FWCC WORLD CONFERENCE, NOVEMBER 16, 2010

- ♦ WINTER BULLETIN DEADLINE, JANUARY 1, 2011
- ♦ REPRESENTATIVE MEETING, APRIL 2, 2011, ANN ARBOR MEETING

### GREEN PASTURES QUARTERLY MEETING

- ♦ MID-WINTER GATHERING, RED CEDAR MEETING, PROBABLY IN FEBRUARY
- ♦ SPRING GATHERING, MAY 21, 2011, MICHIGAN FRIENDS CENTER



### Young Adult Friends Plan Wichita Gathering

University Friends Meeting is inviting Young Adult Friends (ages 18-35) from across North America to come together on May 28-31 to worship God, share in fellowship, and grow together in faith as Friends. Following the gathering, on June 1-3, there will be an opportunity for a shared service project. Micah Bales says, "YAFs will work together to let our faith shine, demonstrating our love for the people of Wichita."

FWCC's **online searchable database** for meetings, churches, and worship groups in the U.S. and Canada has now been enhanced with a visual, interactive Google Map. On the FWCC home page, click on the map to find Friends in a given area. If you want to know more about a meeting – what time worship starts, what branch of Friends it's part of, what languages Friends worship in – then use the FWCC searchable database. Have fun zooming in and finding where Friends meetings are concentrated!

### Many Thanks!

Many thanks to Leslie Walden from the Detroit Friends Meeting and Jeff Cooper! I am very new to this position as Bulletin Editor and believe me, it is *not* easier than it looks. Leslie, with his long career in news and as editor for the Detroit Friends Meeting newsletter, was instrumental in turning it from a ragged first draft by a *slightly* overworked working mom to the beautiful document you now hold in your hands. Jeff Cooper has been a great mentor through all the steps. Thanks to all of you for your patience in waiting for this fall's LEYM Bulletin. Keep sending your news items and I will do my best to include them.

Lisa Sinnett,  
LEYM Bulletin Editor



## Address Service Requested

### LAKE ERIE YEARLY MEETING

Lisa Sinnett  
270 W. Maplehurst  
Ferndale, MI 48220

Now see with the eternal Light,  
whether ye bring forth  
fruit unto God....

*Margaret Fell*

Cited in Pendle Hill Pamphlet 398

## Fall 2010 Bulletin

We're on the Web!

<http://leym.quaker.org>